КЕФАЛН МН

MÔME RATHS²²

The early bird catches the worm and the twelve-year old prostitute attracts the ambassador.

Neglect not the dawn-meditation!

The first plovers' eggs fetch the highest prices; the flower of virginity is esteemed by the pandar.

Neglect not the dawn-meditation!

Early to bed and early to rise
Makes a man healthy and wealthy and wise:
But late to watch and early to pray
Brings him across The Abyss, they say.
Neglect not the dawn-meditation!