I.

SEED of Abel, eat, drink, sleep!
God shall smile complaisantly.
Seed of Cain, in the muck-heap
Crawl and miserably die!

Seed of Abel, thine oblation Sweet to Seraphim doth smell: Seed of Cain, shall thy damnation Ever find the bounds of Hell?

Race of Abel, see thy seed
And thy cattle flourish more!
Race of Cain, for hunger's need,
Like a dog thy bowels roar.

Seed of Abel, warm thy paunch At the patriarchal hall! Seed of Cain, on shivering haunch Squat in cave, despised jackal!

Seed of Abel, love and swarm! So thy gold shall also grow. Seed of Cain, heart over-warm, Guard thy lust and crush it low!

Seed of Abel, grow, well-faring
Like the bugs in forest beats!
Seed of Cain, at bay, despairing,
Throw thy children on the streets!

Seed of Abel, carrion
Shall make fat the smoking soil.
Seed of Cain, on thee has none
Laid sufficient woes of toil.

Seed of Abel, this thy shame—
To the boar-spear yields the sword.
Seed of Cain, to heaven flame,
And to earth cast Heaven's Lord!